# What to Bring

#### **CLOTHING:**

All clothing should be modest. Logos, slogans, or emblems should be decent and not offensive. No spaghetti straps, strapless shirts or shirts that expose the belly button.

- 3-5 t-shirts (long and short sleeves)
- 1 warm jacket and/or sweatshirt (prepare for cold nights)
- 3-5 pairs of shorts
- 1-2 pairs of pants
- 1 bathing suit (modest, lined one-piece for females / No speedos for guys)
- 5 pairs of socks

#### SHOES:

- 1 pair of tennis shoes
- 1 pair of river shoes (sandals, Chaco's, etc. to wear at the pool and river)

#### **BEDDING:**

- 1 pillow with pillowcase
- 1 sleeping bag or single twin sheets and blanket

## **TOILETRIES:**

- Shampoo and Conditioner
- Body Wash or Soap
- Toothbrush and Toothpaste
- Deodorant
- Hair Dryer
- Washcloth and Towel

### **GEAR:**

- A day-pack/book bag (to carry things like your water, sunscreen, etc.)
- Insect repellent
- sturdy water bottle (You'll be drinking a lot of water!)
- A hat
- Headlamp or Flashlight
- Beach Towel
- Sunscreen
- Bible
- Personal Journal / Notebook / Pen (Optional)
- Money Turned in at check in and the balance is returned at check out. Candy, soda, and ice cream are available to be purchased at the camp store.

# What Not to Bring

- Alcohol / Drugs / Tobacco / Marijuana
- Weapons (Firearms / Knives / Explosives)